



Tips to Winning in NOOBA

NATIONAL ONE-ON-ONE BASKETBALL ASSOCIATION

(Quickly analyse your opponent's strengths and weaknesses)

1. **Press Defense** - Play defence on the opposition as soon as he/she makes a defensive rebound. Apply pressure on the player dribbling out to the clearing line reducing the amount of time the offensive player has to operate once he/she clears the ball. This is a valuable tool when a quicker player is against a slower player. This strategy takes a lot of energy but if you have the stamina it can be rewarding.
2. **Controlling Physicality** - A smaller , weaker player or a player wishing to play a more skilled game can control the physicality of the match by calling fouls on minimum contact. This reduces the physicality of a match against a bigger or stronger opponent. On the other hand a more physical player may not want to call fouls thus opting to play a more physical game. Nooba follows FIBA(federal International Basketball Association)rules on fouls.
3. **Forcing the Drive** - NOOBA rules favour the better jump shooter, if a player has to continually drive to the basket it is conceivable that player may tire out in a Three game match.
4. **Up-tempo** - If you are playing against a less fit player, after you score you can retrieve the ball yourself , dribble out to clear it and resume play immediately, the defensive player does not have to touch the ball.
5. **Tie Breakers Shoot-out** - If you fancy yourself a good set-shooter then it could be to your advantage for the game to end in a tie. Beat your opponent in a shoot-out.
6. **Check** - Calling "check" gives a player an additional 5 second before starting play. This may break an opponents' momentum if called at the right time. Each player gets two" checks" per game. The offensive or defensive player can call CHECK and can only be called before a play phase .Calling check at the wrong time can lead to a warning and/or penalty and opposition player can ignore the call.